#### **EASTHAM RECREATION SUMMER 2010**

## \*\*\*REGISTRATION FORM is a separate attachment on the website\*\*\*

Registration is Saturday, June 19 from 9am until noon. We do not accept early registrations! Questions, please call (508) 240-5974.

Swim Lessons and Swim Team - please register at Wiley Park!

## **Summer Recreation Program**

Program runs from Thursday, July 1 - Wednesday, August 11. Meets Monday - Friday, 9am - 12pm at NRHS.

(No session Monday, July 5.)

Grades: Kindergarten - 6th Grade. Applicant must have completed Kindergarten as of the 09-10 school year.

Full program: July 1 - August 11, \$95 Session 1: July 1 - July 21, \$55 Session 2: July 22 - August 11, \$55

\*\*\*Registration for 2nd Session: July 19 & 20 from 8am - 10am on a space available basis only.

Must register, in person, at Rec. Dept.

Days filled with fun activities!

Weekly field trips will be offered for an additional fee per trip.

Children should bring a snack & drink.

\*\*\*Limited Registration.

\*\*\*Must be an Eastham Taxpayer.

## **Recreation-Leader-In-Training**

Program is designed for individuals, ages 13 - 15, who are interested in becoming better leaders.

RLT's will work with and be evaluated by the staff at the Summer Recreation Program. Fee is \$55.00. Must complete the R-L-T application and be accepted into the program.

#### **Tennis Clinic**

Monday, July 12 thru Friday, July 16
Ages: 5 thru 7 meet from 5:00pm until 6:30pm
Ages: 8 thru 10 meet from 6:30pm until 8:00pm
Location: Bakers Field Tennis Courts, Wellfleet
Please bring your own racket. Fee is \$89.00 per participant

#### **Recreational Golf**

Come hit golf balls with us!

Monday July 12, 19, 26 and August 2

Location: Tee Time, Route 6, Eastham

Ages 8-14, 6:00pm until 7:00pm

Fee is \$25 per participant. Equipment will be provided. Space is limited!

### **Family Fitness Nights**

Fun and fitness for the entire family all in one night!

Thursdays, July 15 thru August 19.
6:00pm until 7:00pm

Location: Field of Dreams Basketball Court

Fee is \$15 per family.

# Pick-up Adult Volleyball

Tuesday July 13, 20, 27 and August 3 5:30pm until 6:30pm Location: First Encounter Beach Must be 18 years of age or older. No fee!

## **Adult Boot Camp**

Start your morning off with us!!
Location: First Encounter Beach
Mondays & Wednesdays, 7:00am to 8:00am
Three separate 3-week sessions:
June 28 thru July 14, July 19 thru August 4 and
August 9 thru August 25.
Fee is \$49/one session, \$79/two sessions and
\$119/all 3 sessions

\*\*A minimum of 10 participants is required for each session\*\*

# **Teen and College Sports Conditioning**

Ages 13 thru 16 and 17 thru 21
Tuesdays & Thursdays, 5:45pm to 7:00pm
Location: TBD (in Brewster)
Three separate 3-week sessions:
June 29 thru July 15, July 20 thru August 5 and
August 10 thru August 26.
Fee is \$49/one session, \$79/two sessions and
\$119/all 3 sessions.

\*\*A minimum of 10 participants is required for each session\*\*

#### Girls 3-on-3 Basketball

Meets Wednesday nights July 7 - August 11 at Nauset
Regional Middle School Gym, Orleans.
If you are entering:
Grade 4 or 5: meet from 5:45pm until 7:00pm
Grade 6, 7, or 8: meet from 7:00pm until 8:15pm
The fee for this program is \$15.00 per player.
New times each week.
Never too late to join!
Tournament will be held during the last week!

#### Boys 3-on-3 Basketball

Meets Wednesday nights July 7 - August 11 at the Field of Dreams Court, Eastham.

If you are entering:

Grade 4 or 5: meet from 6:00pm until 7:15pm Grade 6, 7, or 8: meet from 7:15pm until 8:30pm The fee for this program is \$15.00 per player. New teams each week. Never too late to join!

#### **Basketball Clinic**

Meets Tuesdays & Thursdays, July 13 - August 12 from 4:45pm until 6:00pm at Mayo Beach Courts, Wellfleet.
Rain location is Wellfleet Elementary School.
5-week clinic provides comprehensive instruction on core fundamental skills.

\$15 per class or \$100 full summer.

## **Swimming Lessons**

Additional registrations will be held every Monday, from 8:00am until 8:30am,
June 21 thru August 2 at Wiley Park.
Ages: 2 - 13 years old.
Fee is \$25.00 per swimmer.
Lessons run from July 1 - August 14,
Monday - Friday, 9:00am - 12:00pm.
(There will be no swimming lessons on Monday, July 5.)
Class times will be set after registration.

## **Swim Team**

Fee is \$25.00 per swimmer.
Begins July 6 and ends July 31, 2010.
Ages: 10 thru 16 years old.
Meets Tuesday & Thursday 12:00pm - 1:00pm and Saturday 9:00am - 10:00am at Wiley Park.

## **Multi-Sports Clinic**

Monday, August 16 thru Friday, August 20
Ages: 8 thru 12 years old.
9:00am until 12:00pm
Location to be determined.
Fee is \$59.00 per participant
10 Participants required to run this program.
Experience a variety of sports in a fun, high-energy setting!